

Institute for Life Coping Skills, Inc
141 Franklin Street
Stamford, CT 06901

Bibliography Of The Adkins Life Skills Program: Theory And Research

- Adkins, W. R., Rosenberg, S. & Sharar, P. (1965) *Training resources for youth: A comprehensive operational plan for a demonstration research training center for disadvantaged youth*. New York, NY: Training Resources for Youth, YMCA of Greater New York.
- Adkins, W.R. (1970). Structured counseling for the disadvantaged. *Personnel and Guidance Journal*, 49 (2), 108-116.
- Adkins, W.R., & Jennings, F. (1971). Development of a life skills curriculum in community junior colleges. *Junior College Research Review*, 5, (9), 2-6.
- Adkins, W.R. (1973). Life skills education for adult learners. *Adult Leadership*, 22, (2), 55-58.
- Adkins, W.R. (1974). Life coping skills: A fifth curriculum. *Teachers College Record*, 25, 509-526.
- Adkins, W.R., Hattauer, E., Kessler, M. & Manuele, C. (1977). *Where they hurt: A study of the life coping problems of unemployed adults*. New York, NY: Institute for Life Coping Skills and Department of Education, State of Connecticut.
- Adkins, W.R. (1980). Life skills counseling. In R. Herink (Ed.) *The Psychotherapy Handbook*. New York, NY: New American Library.
- Adkins, W. R. (1984). Life skills education: A video-based counseling/ learning delivery system. In D. Larson (Ed.) *Teaching Psychological Skills: Models for giving psychology away*. Monterey, CA: Brooks/ Cole.
- Adkins, W.R. (1994). *The missing link in educating the disadvantaged learner*. Videotape. New York, NY: The Institute for Life Coping Skills.

- Adkins, W.R. (1996). *Career choice for a modern society*. Paper presented at Consiglio Nazionale dell'Economia e del Lavoro (CNEL) Rome, Italy.
- Adkins, W.R. (2001) *Becoming employable and employed: One agency's experience with the Adkins life skills program*. Videotape. New York, NY: Institute for Life Coping Skills.
- Adkins, W.R., Manuele-Adkins, C. & Belloch-Cort, M. (2001). *A new counseling model for underserved populations: The missing link in welfare reform*. Paper presented at the 10th Global Conference National Career Development Association. Tucson, AZ.
- Adkins, W.R. (2001). *Journey to success/Employment master class: The Adkins life skills program (show No.208); Your life skills will enhance your job skills (show No. 210); The true meaning of self-esteem (show No.212)*. Trenton, NJ: JOBCAST, New Jersey Workplace Literacy Programs, New Jersey Public Television (NJN). www.njn.net/workforce/jobcasttv20014.html
- Adult Education Promising Practices (2002). Adult individualized multi-services (AIMS) program. Sharing Successes. *New York State educational programs that work book 2002*. Albany, NY: New York State Department of Education.
- Bergmann, R. & Associates (1988). *The Employability Skills Project: A Life Skills approach to making welfare work*. Department of General Services and Human Resources Administration Report. New York, NY.
- Bergmann, R. & Associates (1989). *ESP Steps to Self-Sufficiency*. Annual Report of the Employability Skills Project. Department of General Services and Human Resource Administration Report. New York, NY.
- Burton, J. (1996). *Career development series at the Ft. George Head Start Center*. New York, NY: Institute for Life Coping Skills.
- Colon-Wagner, R. (1999). *Welfare reform and homeless women: A life skills approach*. Paper presented at Hunter College, School of Social Work, Professional Seminar. New York, NY.
- Contreras, M. (1986). *A study of the effectiveness of a structured life skills program in facilitating appropriate classroom behavior*. Doctoral dissertation. Rutgers, NJ: Graduate School of Applied and Professional Psychology, Rutgers University.

- Cullinane, M. (1985). *The effects of the Adkins life skills program on the career choice of community college students*. Doctoral dissertation. New York, NY: Teachers College, Columbia University.
- Cumberland County Project Report* (1987). Office of Employment and Training. Cumberland County, NJ.
- Curcio, W. (1997). *Planning research from the inside: Domestic violence in a welfare-to-work Program*. Paper presented at the First Bi-Annual Conference on Domestic Violence and Welfare: Trapped by Poverty/Trapped by Abuse. Northwestern University, Chicago, IL. September, 1997.
- D'Uffizi, A. & Maimoni, F. (1997). Il metodo Adkins per 'orientamento e la formazione professionale (The Adkins method for the guideline and the professional formation), Turin, Italy: *Staff and Job*. Nov.- Dec., 14-18.
- Engelhart, P., Robinson, H. & Carpenter, H.D. (1991). The workplace. In *Substance abuse: A comprehensive textbook*. J. Lowinson, P. Ruiz, and R. Mulliman (Eds.) Baltimore, MD: William and Wilkins, 1034-1038.
- Gibbs, L. (1992). *Evaluation of the Adkins life skills career development classes*. Lake George, NY: Warren County Employment and Training Administration.
- Grothe, M. (1974). *Training welfare recipients in an adult education program in the acquisition of employment interviewing skills*. Doctoral dissertation. New York, NY: Teachers College, Columbia University.
- Hagin, R., Kugler, J., Lorenzi, E. & Capozuca, J. (1991). *Another Chance: The Comprehensive Learning Program for Adults with Learning Disabilities*. New York, NY: The School Consultation Center, Graduate School of Education, Fordham University.
- Hamilton Fish Institute (2001). *Working to Make Schools and Communities Safe for Learning*. Washington, DC: School of Education and Human resources Development, George Washington University.
- The HOPE Program: Client Profiles and Outcomes, June 1994 to January 1997* (1997). Evaluation Report. The HOPE Program. New York, NY.
- HOPE in the Context of Welfare Reform*. (1999). Evaluation Report. New York, NY: Philliber Research Associates.
- Joseph, R. (1980). *The Youth Employability Skills Program of the Urban League of Essex County, New Jersey*. Project Report.

Newark, NJ: Urban League of Essex County.

Kahn, M. (1981). *The effects of a job interviewing skills workshop on the vocational maturity of incarcerated individuals in a prerelease orientation program*. Doctoral dissertation. New York, NY: School of Education, Fordham University.

Life skills education in New York State (1978). Albany, NY: New York State Department of Education.

Lovett, A. (1984). *The effects of the Adkins life skills program on the career development of high school students*. Doctoral dissertation. New York, NY: Teachers College, Columbia University.

Manuele, C. (1980). *The definition, assessment and modification of career maturity in disadvantaged adults*. Doctoral dissertation. New York, NY: Teachers College, Columbia University.

Manuele, C. (1983). The development of a measure of vocational maturity for adults with delayed career development. *Journal of vocational behavior*, 23, 45-63.

Manuele, C. (1984). Increasing vocational maturity in adults with delayed career development: A life skills approach. *Vocational Guidance Quarterly*, 33, (2), 101-112.

Manuele, C. & Chichelli, T. (1984). Discipline revisited: Social skills training programs and methods for the classroom. *Contemporary Education*, Winter, 104-109.

Manuele, C. (1985). *Revision of the Adult Vocational Maturity Assessment Interview (AVMAI)*. Project Report. New York, NY: Fordham University Research Council.

Manuele-Adkins, C. (1992). Career Counseling is Personal Counseling. *Career Development Quarterly*. 40, 313-323.

Manuele-Adkins, C. (1992). Including students in reform agendas: Counseling/learning models for promoting "excellence". *Education*. 113, 84-90.

Manuele-Adkins, C. & Coughlin, D. (1995). *Report to New York City's Human Resource Administration on the BEGIN Career Planning Program*. New York, NY: Institute for Life Coping Skills, Teachers College, Columbia University.

- Manuele-Adkins, C. (1996). *Vocational guidance, career counseling and the Adkins life skills career counseling system*. Paper presented at Consiglio Nazionale dell'Economia e del Lavoro (CNEL). Rome, Italy
- Manuele-Adkins, C., Adkins, W. R. & Semple, B., (1999). *Community Agencies and Welfare Reform: Improving Organizational Capacity for Client Employment*. Final Report for Project Years 1996-1999. Submitted to the New York Community Trust. New York, NY: The Institute for Life Coping Skills.
- Manuele-Adkins, C. & Adkins, W. R. (2001). *Community Agencies and Welfare Reform: Improving Organizational Capacity for Client Employment*. Final Report for Project Year 2000-2001. Submitted to the New York Community Trust. New York: NY. The Institute for Life Coping Skills.
- Miami-Dade report of the Adkins life skills program*. (1982). Federal CETA Grant. Miami, FL: Miami Dade Community College.
- Prince George County report of project independence*. (1982). Department of Social Services, The Private Industry Council and the Housing Authority. Prince George County, MD.
- Rodriguez, M. (1986). *A comparison of two career interventions on the career maturity of low-income Puerto-Rican women in their first semester of college*. Doctoral dissertation. Albany, NY: State University of New York at Albany.
- Schenectady County Community College report of the career life skills center* (1981). Schenectady County, NY.
- Shandera, D. (1983). Satisfaction in correctional education: A Teacher's perspective. *Journal of Correctional Education*. 31, 18-20.
- Shandera, D. (1984). *An evaluation of the Adkins life skills program on the Ferguson unit, Texas Department of Correction*. Thesis. Huntsville, TX: College of Criminal Justice, Sam Houston State University.
- Ursillo, W. (1987). *Increasing the vocational maturity of learning disabled adolescents*. Doctoral dissertation. New York, NY: Graduate School of Education, Fordham University.
- Wald, D. (1981). *The effects of the Adkins life skills program on the employability of unemployed minority youth*. Doctoral dissertation. New York, NY: Teachers College, Columbia University.

Williams, R. (1992). *Assessing the life skills learning needs of urban black single mothers*. Doctoral dissertation. New York, NY: Teachers College, Columbia University.